

Ipsos MORI Young People in Scotland Survey 2021

Pupil information sheet

You are being asked to take part in a research study being carried out with young people across Scotland. This sheet tells you more about the study and what it involves.

Why is this survey being done?

The survey will ask questions about a number of subjects, including your studies, cyber security, gender equality and your future plans. It will also ask about your views on climate change and how you make decisions about which subjects to take during the senior phase. The results will help make services for young people in Scotland better.

Why have I been chosen?

Pupils across different parts of Scotland are being asked to take part. By the end of the research, we will have answers from around 2,000 school pupils. You are being asked to take part because your school and your class were chosen at random to take part in the study.

What does taking part in the research involve?

If you decide to take part, you will be asked to complete an online questionnaire in class time. This should take about 30 minutes.

Do I need permission from my parent/carer?

Yes. Your school has given you a form to show your parent/carer. If they do not want you to take part, they will contact the school. You must not complete the survey if you have not shown this form to your parent/carer or if they have said they do not want you to take part.

However, if they are happy for you to take part and you are completing the survey at home, do not let them see your answers.

Do I have to take part?

It is up to you to decide whether or not to take part. However, the questions cover things that are important to young people in Scotland today and we really want to know what you think. If you decide to take part, you do not have to answer all of the questions if you do not want to, and it is ok to stop answering the questions at any time without giving a reason.

Will anyone see my answers?

No-one from your school will see your answers. You are not asked to give your name or the school's name during the survey, so no-one will know who gave what answers. Only the research team at Ipsos MORI (the company doing the research) will see your answers to the survey. They will put all the answers from all pupils together before they look at the results. For more information, the privacy notice for this survey is available here: <https://ipsos.uk/YPSS2021privacy>

What happens if I decide not to take part?

If you decide you do not want to take part, you will do other work while your classmates complete the survey.

Who do I speak to if I am still not sure whether I would like to take part?

If you have any more questions about the research, please speak to the teacher who gave you this sheet or you can contact Maggie Pollok from the Ipsos MORI team at YPSS2021@ipsos-mori.com or 07583 127417.

How to complete the survey

If you are happy to take part and your parent/carer has given permission, then:

1. If you can, it is best to complete the survey on a PC, laptop or tablet (rather than a phone).
2. Your teacher will send you a link to the online survey. Do not share this link with anyone else.
3. Copy the link into your search box/address box and press enter.
4. Follow the instructions on the screen to complete the survey.
5. If you have any problems, try using a different device (if you have one) or a different browser.
6. It is best to complete the survey all in one go. It will take around 30 minutes. If you have to stop before you are finished, DO NOT CLOSE THE WINDOW or you will lose your answers and have to start again.

Support services

Sometimes answering survey questions can make people think about problems in their lives or things that are troubling them. If there is something worrying you, remember that you can talk to a guidance teacher or another teacher at your school. There are also a number of different organisations that provide advice and support to young people in Scotland.

Childline

A free, private and confidential service for those under 19 in the UK. Available: 24 hours, 7 days a week. Phone their helpline at 0800 1111 or visit <http://www.childline.org.uk>

The Lowdown Information line, by Young Scot

Guidance and support on teenage health. Available: Mon - Fri 10am - 6pm. Call 0808 802 4444, email Infoline@young.scot or visit <http://www.young.scot/get-the-lowdown>

Breathing Space

Breathing Space provides individual support and advice if you need someone to talk to. Their website is <https://breathingspace.scot/>, or you can call them on 0800 83 85 87.

SAMH

SAMH (the Scottish Association for Mental Health) is Scotland's national mental health charity. Their website can be found at <https://www.samh.org.uk/> or you can call them on 0141 530 1000.

The Mix

Free, confidential support for young people under 25 via online, social and mobile. Phone 0808 808 4994 or visit their website at: <http://www.themix.org.uk>