



ICHS Newsletter

Headteacher Newsletter - June 2025

Please click on the following link to view the Headteacher Newsletter for June 2025. This contains information shared with the Parent Council at our most recent meeting.

<https://inveralmondchs.westlothian.org.uk/article/71909/Newsletters>

Update to dining hall procedures

QR Payment:- Our dining hall recently introduced the use of QR codes for payment. This is an alternative to the payment card which pupils currently used. Staff are sharing a unique QR code with pupils which can be put onto their phone. This links to their existing account and allows them to pay for food. This secure method of payment is significantly increasing the speed of service at tills.

Queuing System:- From Monday 9th June, all pre orders will be collected from the separate servery on the right of our dining hall. All queues at the main servery will be QR, card and debit card payment. This will improve the efficiency of our queues.

S1 Area Update

As of Monday 9th June, the S1 area will be out of bounds for pupils who have recently moved into S2 and all other year groups.

Our new S1s join us soon so we need this space to be ready and available for them. If you have any concerns about this please speak to your House Teams.

School Clothing Grants & Free School Meals

School Clothing Grants & Free School Meals applications opened on Monday 2nd June 2025 for the 2025/2026 academic year.

Here is a link to the web page which has all the information and a link to the online application:

<https://www.westlothian.gov.uk/mealsandclothing>

This link to the Cost of Living Hub West Lothian may also be of interest to you:

<https://www.westlothian.gov.uk/costofliving>

EMA 2025/26 Applications

Applications for Education Maintenance Allowance (EMA) for the 2025/2026 academic year opened on Monday 2 June 2025.

Please note that a fresh application must be submitted each academic year.

The application form can be completed by either the student or their parent/guardian, and includes an eligibility checker at the start. College students should contact their college directly to apply for EMA.

Once you've submitted your application, you also need to complete a learning agreement. This should be completed by the student, and is an agreement between the student and the school.

To complete an application, and learning agreement form, click here:

<https://westlothian.gov.uk/ema>

Coach Academy West Lothian

We are now recruiting for Coach Academy 2025-26. If you are in S5 or S6 and are interested in developing your sports coaching. Please apply via the QR code on the poster or speak to Miss Livingstone in PE.

Active West Lothian

Coach Academy 2025-26

APPLY NOW!
OPEN TO ALL S5 AND S6 PUPILS



Our new and improved Coach Academy West Lothian is **NOW OPEN** to senior pupils from all secondary schools as we enter the ninth of this exciting, practical and rewarding leadership programme.

If you are:

- Motivated
- Committed
- Enthusiastic
- Responsible

...apply now!

You will develop your:

- Creativity
- Leadership
- Confidence
- Communication

...and much more!

Coach Academy pupils who are keen to pursue a career in sport will gain preferred entry to the *HNC courses* West Lothian College*

**provided required SQA exam results are achieved*

Next Steps...

- Speak to your Active Schools Coordinator for more info
- Scan the QR code or visit tinyurl.com/WLCA202526
- Parent-Carer Info Session Thursday 12th June (Teams)
- Deadline Tuesday 17th June



@ActiveWL
activewestlothian.com
activewl@westlothian.gov.uk

Registration/Groupcall Texts

We are currently still working without access to our networks, our attendance team are working hard on pupil registration with the limited resources available. Please accept our apologies for any inconvenience caused by incorrect attendance texts sent during this time.

Historic Environment Scotland Apprenticeship

Historic Environment Scotland is seeking a Modern Apprentice to join their team as a Heritage Science Laboratory Assistant at the Engine Shed in Stirling. This is a four-year, fixed-term position ideal for a school leaver with a keen interest in science.

The role involves preparing samples, assisting with scientific analysis on materials like stone and mortar, and helping to manage the laboratory. No previous lab experience is needed as full training will be provided.

Applicants need a SCQF Level 5 in both Maths and English, and a Level 6 in a science subject, preferably Chemistry. The closing date for applications is 18th June 2025.

https://ekov.fa.em3.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX_2001/job/66/?utm_medium=jobshare&utm_source=External+Job+Share

S5/S6 Invitation: University of Dundee Mini Open Day

S5 and S6 students are invited to the University of Dundee's Mini Open Day on Tuesday 17th June 2025 to experience university life and explore study options.

This is a great opportunity to experience university life and explore future study options over a day of activities on campus. What's on offer?

- Taster lectures across 12 subject areas (full details below). Designed to support students considering their options
- Attendance, insights and skills gained can be referenced in students' personal statements
- Interactive subject-specific activities and games to get to know Dundee with prizes
- Campus and accommodation tours led by our current students
- Relaxed chats with current students and staff, helping pupils get a real feel for life at Dundee

Students and guests can register here:

<https://www.dundee.ac.uk/events/undergraduate-mini-open-day>

University of Dundee – Mini Open Day!

From 10:00 - 12:00, academics from a range of disciplines will be delivering interactive taster lectures and activities designed to inspire students and give them a real sense of what it is like to study these subjects at university. Taster Lectures include:

- Business
- Centre for Anatomy and Human Identification (CAHID)
- Computing
- Duncan of Jordanstone College of Design and Art (DJCAD)
- Engineering
- Languages
- Law
- Life Sciences
- Maths
- Nursing
- Primary and Secondary Education
- Psychology
- Social Work

Here's a sneak peek at some of the sessions our academics will be running:

Centre for Anatomy and Human Identification (CAHID) – Ever wondered how our bodies work and what's going on inside them? In this session students will be introduced to the anatomy of the human body. They will get hands on with real anatomy specimens and learn about how we function. Then they will step into the role of a forensic anthropologist and discover who the missing person is. Finding out what we can tell from skeletal remains!

Computing - CSS Battle! Cascading Style Sheets is the code behind every sleek website and app you've ever used. It's what transforms plain functionality into eye-catching, responsive designs. Learning CSS isn't just a skill, it's the foundation of creative problem-solving in web development. The CSS Battle Challenge is students' chance to put those skills to the test by replicating intricate designs using only CSS. Whether you're new to coding or a seasoned developer, this is a chance to push limits and for students to show what they can create.

Maths - Cryptography plays a vital role in securing online communication. From encrypting messages on apps like WhatsApp to protecting sensitive banking transactions and ensuring national security, mathematical principles underpin the encryption methods that keep our digital lives safe. In this interactive session you will be introduced to some web apps that allow students to explore how encryption works.

Mechanical, Civil and Biomedical Engineering - In this joint Engineering activity, students will explore Mechanical, Civil and Biomedical Engineering with an engaging, practical session.

Biomedical Engineering - Hands-on demos and short, interactive workshops including, ultrasound imaging and measuring heart rate and other vital parameters.

Mechanical Engineering - Race Formula 1-style rocket cars on our custom-built track. It's a fast-paced, competitive activity where student will not only race against each other but also analyse the aerodynamic performance of their designs to see what makes a winning car. Alongside the thrill of racing, students will also take part in a wind turbine challenge, exploring how mechanical design impacts energy generation. This interactive exercise introduces the principles of renewable energy and shows how engineers are tackling real-world challenges in sustainability.



Civil Engineering - Each team will design and build their own structure using a computer simulation, focusing on principles of structural design. Once complete, opposing teams will take turns strategically removing individual components, attempting to bring the structure down. It's a fun and interactive way to learn about engineering, teamwork, and the importance of good design.

Primary and Secondary Education - "The Pizza Challenge!" Join the Teacher Education team to find out more about Primary and Secondary Teaching. This session will focus on the creative opportunities that can be incorporated into planning engaging, rich learning experiences for the classroom. Students will take part in a Pizza Planning Challenge with a prize of Fallone's part-baked pizzas for the winning plan!

Lunch Time Timekeeping

There has been an increase in pupils coming back from lunch quite late for classes in recent weeks. The pupil doors will lock automatically at the end of lunch (lunchtime ends at 13:50, pupils should be in their period 6 class for this time). Pupils entering into school after this time are late and will need to enter via the main entrance where a Family Link Worker will record their entry and send a groupcall home to update parents.

Inveralmond Uniform

In Inveralmond Community High School our aim is to work together to achieve excellence and equity for every young person. We want all young people to aspire to the highest possible standards and to achieve their best. We believe that high standards of uniform are part of our aspirational culture.

Full details can be found on our website:

<https://www.inveralmondchs.westlothian.org.uk/article/78965/Uniform-Policy>

Building Security - Reminder

Pupils are reminded they should not let anyone in the building, this includes, Other Pupils, Parents and Wider Community.

All visitors should enter via the main School Office Entrance.

When the pupil entrance is closed, pupils should not let each other in the building and all pupils should enter via the main entrance.

The pupil entrance is locked for safety during school class hours.

Please do not open doors around the school to give access to anyone for security and safety.

Successful recruitment for Anthony Nolan

Anthony Nolan is the charity that makes lifesaving connections between people with blood cancer and blood disorders, and incredible strangers ready to donate their stem cells. They are saving lives right now. Four lives a day, in fact.

By growing the stem cell register, carrying out groundbreaking research and providing the best post-transplant care, they are giving families a future.

We held a recruitment event in the school run by the Scottish Fire Service. We were successful in adding 65 potential life savers to the register. Thank you to our ambassadors and the fire service for running a very successful event.

If you are interested in finding out more or signing up (age 16-30) please go to the webpage below.

<https://www.anthonynolan.org/>



West Lothian College Life Skills & Support Units – We Want Your Input

This is a short questionnaire aimed at students/or anyone aware of students who have experienced any of the following:

School attendance issues

Homelessness

Living in their own tenancy

The aim is to gather their views on what kinds of workshops or support might be helpful, and to collect feedback that could inform what West Lothian College offers in the future. See link below.

[West Lothian College Life Skills & Support Units – We Want Your Input](#)

Thinking About Your Future? Explore Logistics!

Ever wonder how everything gets from where it's made to your shops, or even to your door? That's all down to logistics, and it's a massive industry with loads of different jobs.

There's a free online event coming up called Generation Logistics Week 2025 (GLW25), designed to show you what it's all about. Over five days, you can learn about different career paths in logistics – it's not just about driving trucks (though that's part of it!).

What's Happening Each Day?

The week will have daily themes, with talks and videos from big companies and people working in logistics right now:

- Myth-busting Monday will challenge what you think logistics is and show you where the real job opportunities are
- Technology Tuesday will look at cool careers using things like AI, robots, and other new tech
- Worldwide Wednesday explores how logistics connects the entire globe and how you could be part of that
- Teamwork Thursday celebrates all the different skills and people that make logistics work
- Future Friday will help you think about how you could find your own career path in this exciting area.

Please see the following link for more information:

<https://www.destinationstem.org.uk/article/generation-logistics-week>

Volunteer with NHS Lothian – S5 & S6 Opportunities

NHS Lothian is looking for S5 and S6 pupils to volunteer as Ward Helpers and Meaningful Activity volunteers.

Applications are only open for the next 2 weeks! Here are the roles:

Ward Helper: Help out on wards at St John's Hospital.

Shifts: Saturday & Sunday: 11:30 am - 1:30 pm. Monday - Sunday: 4:30 pm - 6:30 pm

S6 pupils: Lunchtime shifts (Mon-Fri) may be possible if you have free periods and school permission.

Meaningful Activity Volunteer: Support patients in Mental Health Wards during evenings and weekends.

Great for anyone interested in a career in mental health. Important Dates for St John's Hospital volunteering.

Interviews: You must be able to attend one of these dates:

Friday 27 June or Monday 30 June

Training (in-person at St John's Hospital): You must be able to attend one of these dates (there will also be online training):

Friday 11 July or Monday 14 July

Unfortunately, no alternative dates can be offered for interviews or training this time. Ready to apply? Visit Volunteering:

<https://www.nhsllothian.scot/getinvolved/volunteering/>

Explore Your Future at the National Careers Event

Figuring out what's next after school? Head to the National Careers Event at Scottish Gas Murrayfield Stadium, Edinburgh on Thursday 4 September 2025.

It's a great chance to meet employers, universities, colleges, and training providers all in one place. You can learn about apprenticeships, jobs, and different educational paths.

- Chat directly with loads of exhibitors (over 40 expected!)
- Get advice on modern and graduate apprenticeships
- Explore different courses and training options
- Try out some hands-on activities and attend talks by top businesses

- This is a fantastic opportunity to get ideas and make connections for your future

Best of all, it's free to attend! Book your spot at <https://nationalapprenticeshipevents.co.uk/>

Law Society of Scotland Annual Summer School

The Law Society of Scotland annual Summer School will go ahead online on 23 June – 26 June 2025. This is a fantastic opportunity for aspiring law students and solicitors to learn more about the route to qualification and a career in the Scottish legal industry. Each morning, we will have a number of sessions from law firms, solicitors and legal organisations across Scotland for students to learn more about a career in law. All the sessions are aimed at students in the early years of their legal career journey.

Location: Online, Zoom

Day 1 23rd June 2025: 09:30 - 12:30

Day 2 24th June 2025: 09:30 - 12:30

Day 3 25th June 2025: 09:30 - 12:30

Day 4 26th June 2025: 09:30 - 12:30

You can register and sign up for the event through the link on our events page: Register Here:

<https://lawscot-org-uk.zoom.us/meeting/register/kQxlV2TVRq6ZTb6Y57dD1Q>

This programme is available for S4-S6 secondary school and college pupils who are interested in learning more about law in Scotland. We also welcome attendance from first and second year LLB students. The first day (Monday 23 June) is specifically targeted at school and college students wanting to apply for the LLB at university. The following days (Tues, Wed & Thurs) will be suitable for all students from S4 to LLB Y2.

The Careers and Outreach team look forward to meeting you at the Virtual Summer School and if you have any specific questions please get in touch with careers@lawscot.org.uk

Results Day: What Next? Explore Apprenticeship Options with QA!

As the school year draws to a close and thoughts turn to exam results, we wanted to share an exciting opportunity from QA for those considering their next steps.

QA is hosting two "Apprenticeships Clearing Week" events in August, perfect for exploring live apprenticeship options. These are particularly helpful for pupils who might be reconsidering their plans after results day.

Event Details:

Results Day: What Now? Explore Apprenticeship options with QA! (Online)

- Date: Wednesday, 6th August 2025 Time: 15:00 – 16:00 Secure your spot (Online Event): [Eventbrite Tickets](#) | Results Day: What Now? Explore Apprenticeship options with QA! Online Results Day: What Now? Explore Apprenticeship options with QA! (In-Person in Glasgow)
- Date: Friday, 8th August 2025 Time: 11:00 – 14:00 Location: QA Glasgow Office Secure your spot (In-Person Event): [Eventbrite Tickets](#) | Results Day: What Now? Explore Apprenticeship options with QA! What can pupils gain from attending?

Meet Real Apprentices: Hear directly from young people who have chosen the apprenticeship route and learn about their experiences.

Application Support: Get guidance and support on applying for current apprenticeship vacancies.

Discover Positive Destinations: Explore how you can "earn while you learn" with practical careers in growing fields such as IT, Software Development, Cyber Security, Digital Marketing, Data Analytics, and Business Administration.

Skills-Focused: QA emphasises that their apprenticeships focus on skills and interests, not just qualifications – so if results aren't what you hoped for, this is a fantastic alternative.

These events are a great way to understand the hands-on career paths available through apprenticeships, offering a route to success without student debt, focusing on real experience and qualifications.

We encourage pupils to look into these events before the summer break to be aware of all the options available after results day.

Results day not what you expected?
Don't worry! University or college
isn't the only path to success.

Apprenticeships with QA offer a
paid, hands-on alternative to
kickstart your career in tech,
software, digital marketing or data
analytics - no student debt, just real
experience and qualifications!

📍 **QA Glasgow Office**

📅 **Friday, 8th August 2025**

🕒 **11:00 AM – 2:00 PM**

What to expect:

Meet real apprentices

Hear their stories & career journeys.

Application support

Get expert guidance & support with
your apprenticeship applications.

No grades? No problem!

Our apprenticeships focus on skills
and interests, not just qualifications.

Register now



Career Opportunities in Engineering & Construction with BHC Ltd

For those interested in starting a career in the engineering and construction industry, BHC Ltd in Carnwath, South Lanarkshire, has two excellent opportunities to share:

Apprentice Open Day

Date: Wednesday, 11th June 2025

What's involved? This is a chance for students (aged 16+) to visit the BHC site, hear directly from experienced team members, and take a guided tour of their workshops. It's a great way to see what a career at BHC could involve and ask any questions before considering an application.

How to register: If you'd like to attend, please register in advance by scanning the QR code on the BHC Apprentice Open Day poster. This is important so BHC can arrange for appropriate Personal Protective Equipment (PPE) for the day.

Summer Apprentice Intake – Applications Now Open!

Deadline for applications: Friday, 13th June 2025

What's involved? BHC Ltd is accepting applications for its Summer Apprenticeship Programme. This is for a 4-year apprenticeship (devised by the British Constructional Steelwork Association - BCSA) offering hands-on experience.

Disciplines include: Welding, Fabricating, CNC, Paintshop, and Maintenance.

How to apply: Students (aged 16+) can apply by scanning the QR code on the BHC Summer Apprentice Intake poster.

Important Note: Applicants must be at least 16 years old to apply for the apprenticeship programme or to attend the Open Day.

These are fantastic opportunities to gain insight and potentially start a rewarding career with a local company in the constructional steelwork sector. Please ensure you check the posters for the QR codes to register for the Open Day or to apply for the apprenticeship.

If you have any further questions, BHC Ltd has invited direct contact.



SUMMER APPRENTICE APPLICATIONS

BHC are recruiting for our next intake of apprentices to join our 4-year apprenticeship programme devised by the British Constructional Steelwork Association (BCSA).

We offer apprenticeships in:

Welding Fabricating CNC Paintshop Maintenance

Scan the QR Code to put your name forward for our summer intake of Apprentices:



Deadline for applications:
13th June 2025



BHC Ltd, Medwyn Park, Edinburgh Road, Carnwath, ML11 8HS



Apprentice Open Day 2025

Wednesday 11th June



Looking to step into the world of construction?

BHC are holding an open day at our facility in Carnwath, South Lanarkshire. We offer apprenticeships in the following disciplines:

Welding, Fabrication, CNC, Paintshop and Maintenance.

To register your interest, scan the below QR code and fill in the details requested.



Exciting Opportunities: CMS Law Scholarships & Work Experience for S5 Pupils

Are you in S5 and thinking about a future in law? CMS is offering two fantastic opportunities designed to help students from backgrounds that are underrepresented in top law firms and universities.

Applications are now open for the CMS Law Scholarships and CMS Connect work experience programme! CMS Law Scholarships offer four students in Scotland £3,000 per year throughout their law degree, plus mentoring, paid work experience, and ongoing support. If you'll be the first in your family to go to university and your school has more than 20% of students eligible for free school meals, you could be eligible to apply. You'll need to answer a question about what law you would change and why as part of your application.

CMS Connect is a paid work experience programme running from 28 July to 1 August 2025. It includes mentoring, workshops, and the chance to build skills that are valuable in any career. Both programmes are open to S5 students moving into S6 after exams.

Applications close on 18 June 2025. For more information or to apply, visit the CMS Emerging Talent website or email emergingtalent@cms-cmno.com. Don't miss out—these opportunities could be your first step into a legal career!



CMS Connect 
law-tax-future

Paid Work Experience

A programme packed with opportunities to learn, discover, and meet new people. It is your chance to lay the foundations for a future career in law.

S5 students (you must be going into S6 for the 2025/26 academic year and graduating high school in Summer 2026)

What you can expect:

- In-depth skills sessions
- Shadowing CMS colleagues
- Growing your network of contacts
- Mentoring
- Application advice and guidance
- Invitations to exclusive CMS events (in person and virtually)
- Receive £350 after completing the programme

Applications open 23 April 2025
Applications close 18 June 2025

Stay in touch 

Find out more 

Upcoming Events

11/06/25 - BGE Awards Ceremony

11/06/25 to 13/06/25 - Primary 7 Transition days

18/06/25 - Belfast trip

19/06/25 - S6 Prom

24/06/25 - Parent Council meeting

26/06/25 - Alton Towers trip

27/06/25 - ICHS Rewards day

30/06/25 to 08/08/25 Summer holidays

11/08/25 & 12/08/25 - Staff In-Service days

13/08/25 - Pupils resume

Contact Us

Inveralmond Community High School

- 01506 280700 (option 1 for attendance, option 2 for all other enquiries)
- wlinveralmond-chs@westlothian.org.uk
- Visit us on the web at <https://www.inveralmondchs.westlothian.org.uk/>