



ICHS Student Newsletter

WC 15/01/24

Gymnastics Competition

There is a gymnastics competition on Tuesday 6th Feb. If you would like to take part in this, meet Mrs Wemyss at the PE base on Wednesday 17th January at break time.

Photography Competition

Please be advised that the deadline for the Photography Competition has been extended until the 19th January. If interested in entering, please see Mrs Neave.

<https://myplacescotland.org.uk/my-place-photography-competition-guidance/>

Young Musician

Those who have applied to represent ICBS in the West Lothian final for Young Musician will play to Miss Holroyd and Miss Jackson after school on Thursday 25th or Friday 26th (a timetable can be found in the Music Dept.). If you have any issues please speak to one of us as soon as possible.

After we have heard from all applicants, the 5 top performances will be chosen to play again in the Expressive Arts Showcase, after which, the pupil to represent the school in the WL final will be chosen.

If you have any concerns or questions, please speak to Miss Holroyd or Miss Jackson. Equally, if you need accompanied, please ask us and bring sheet music to the department ASAP.



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Immunisations

Please click the links below for information on the two vaccinations in this round:

DTP: <https://www.nhsinform.scot/healthy-living/immunisation/vaccines/dtp-vaccine>

Meningitis ACWY: <https://www.nhsinform.scot/healthy-living/immunisation/vaccines/meningitis-acwy-menacwy-vaccine>

Library stocktake

The Library will be closed from Wednesday 17th January until Friday 19th January to allow the previously postponed stocktake to take place. In order to make this as accurate as possible all ICHS Library books with a due date of 1st December or earlier should be returned as soon as possible. Please check classrooms, bags, lockers and at home and return any ICHS Library books no matter how overdue. Thank you. Mrs Aitken

EMA Applications 2023/24

Education Maintenance Allowance is an allowance of £30 per week, depending on household income, and subject to terms and conditions. To apply, please click on the following link and complete **both an application, and learning agreement.**

<https://www.westlothian.gov.uk/ema> Closing date for Winter intake is 29/02/24



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Access to the school building

Please be aware that access to the building in the morning, break and Lunch times is via the pupil entrance, no other doors are open at these times. If you are late, please enter the building via the main reception entrance.

One-Way System

A reminder to all pupils that the first floor is a one way system. This is being brought back in to help with congestion in the corridors and to help keep everyone safe.

Upcoming Events

17/01/24 - Senior Phase Tracking Reports Issued

18/01/24 - S4/S5 Pathways Information Evening

24/01/24 - Senior Phase Parents' Evening

01/02/24 - Teenage Booster Inoculations



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January History Quiz

Happy 2024 to you all, to get the year off to an amazing start attached is the first History quiz of the year where you can enter for a chance to win some great prizes such as books, jigsaws, DVDs, blue-rays, stationery and anything else I can get my hands on. You don't even have to get the highest score to win as a selection of runners-up are chosen randomly as well plus some of those that got the last question right. The quiz will run until Wednesday 31st of January at 5pm. If you have any questions please let Mr O'Callaghan know, and if you won a prize previously and haven't claimed it, come and see Mr O'Callaghan in F73, break times usually are best. Good luck!

<https://forms.office.com/e/bYqxa5CFAH>

We Love History Quiz - January
2024 Edition



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School Clubs and Activities



Monday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics

Monday: 13:20 to 13:50 Just Dance Club with Mrs Scott in G132

Monday: 13:25 to 13:50 Guitar Group in room G116 in Music

Monday: 13:25 to 13:50 Instrumental Ensemble in room G112 in Music

Tuesday: 13:15 to 13:45 Model UN Club with Miss Jarvis in room F45

Tuesday: 13:20 to 13:50 S1-S3 Science/Stem Club with Mrs Lee in room G216

Tuesday: 13:25 to 13:50 Vocal Group in room G116 in Music

Wednesday: 13:10 to 13:45 Simpsons Club with Mr O'Callaghan in F73

Wednesday: 13:10 to 13:45 Taylor Swift Club with Miss Waddell in F86

Wednesday: 13:20 to 13:45 Rainbow Alliance with Miss Jackson in room G112 in Music

Wednesday: 13:25 to 13:50 BGE Music Club (S1 to S3) in room G112 in Music

Wednesday: 15:30 to 16:30 Dance Club with Mrs Wemyss in the dance studio

Thursday 13:15 to 13:50 Doctor Who Club with Miss Allardice in F48

Thursday: 13:20 to 13:50 Karaoke Club with Mrs Dunlop in F83

Thursday: 15:30 to 16:20 Basketball Club with Mr Dewar

Thursday: 15:30 to 16:30 Music Tech Club (S4 to S6) in G112 in Music

Thursday: 15:30 to 16:30 Rugby Club with Sam from Livingston Rugby Club

Thursday: 15:30 to 16:20 Volleyball Club with Mr Taylor



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LGBTQ+ Support Links

Support is available in school and beyond: Miss Jackson leads the LGBTQ+ group, the Rainbow Alliance, which meets every Wednesday lunchtime in the music department (room G112). Miss Jackson is available for chats anytime and can provide information on where to find further support. Rainbow Alliance Teams Page Code -7qsr139

LGBT Youth Scotland - <https://www.lgbtyouth.org.uk/> LGBT Youth Scotland offers live chats, information and signposts local groups and support spaces.

The Proud Trust - <https://www.theproudsttrust.org/> This charity is based in Manchester but their website hosts lots of information and support for LGBTQ+ young people, including where you can find representation in the media!

Other useful links:

<https://www.stonewallscotland.org.uk/>

<https://mermaidsuk.org.uk/>

<https://www.mind.org.uk/information-support/tips-for-everyday-living/lgbtqia-mental-health/useful-contacts/>

<https://www.queerfutures.co.uk/>



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